

University of Pennsylvania Health System (UPHS) Duty Hours Survey Information

The UPHS Office of Graduate Medical Education (GME) sends out a monthly Duty Hours Survey to each resident/fellow. The survey remains open for 5 days at the beginning of each month (Duty Hours information should be answered for the previous four-week rotation). The results of the survey are anonymous. Once you complete the survey, your name is disassociated with the results. Data is aggregated by Program and reviewed monthly at the GME Committee Meetings. Monthly reports are sent to each Program Director.

As required by the ACGME, the institution must monitor compliance with the duty hour regulations. The regulations are as follows:

1. Duty hours are defined as all clinical and academic activities related to the residency program; i.e., patient care (both inpatient and outpatient), administrative duties relative to patient care, the provision for transfer of patient care, time spent in-house during call activities, and scheduled activities such as conferences. Duty hours do not include reading and preparation time spent away from the duty site.
2. Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities.
3. Residents must be provided with 1 day in 7 free from all educational and clinical responsibilities, averaged over a 4-week period, inclusive of call. One day is defined as 1 continuous 24-hour period free from all clinical, educational and administrative duties.
4. Adequate time for rest and personal activities must be provided. This should consist of a 10-hour time period provided between all daily duty periods and after in-house call.

Below are the questions that are on the Duty Hours Survey:

Duty hours must be limited to 80 hours per week, averaged over a four-week period, inclusive of all in-house call activities. When residents are called into the hospital from home, the hours residents spend in-house are counted toward the 80-hour limit.

Question #1: During the previous four (4) week rotation, did you work more than an average of 80 hours/ week?

Continuous on-site duty, including in-house call, must not exceed 24 consecutive hours. Resident may remain on duty for up to six (6) additional hours to participate in didactic activities, transfer care of patients, conduct outpatient clinics, and maintain continuity of medical and surgical care.

Question #2: During the previous four (4) week rotation, how many times did you work **MORE THAN 30 continuous hours**?

Residents must be provided with one day in seven free from all educational and clinical responsibilities, averaged over a four-week period, inclusive of call. Residents taking at-home call must be provided with one day in seven completely free from all educational and clinical responsibilities averaged over a four-week period.

Question #3: During the previous four (4) week rotation, how many **days** (24 hour periods) have you had completely **FREE from all education and clinical responsibilities**?

In-house call must occur no more frequently than every third night, averaged over a four week period.

Question #4: If you **AVERAGED** your call cycle over the previous 4 week rotation, did you take **IN-HOUSE call more frequently than every third night**?

Adequate time for rest and personal activities must be provided. This should consist of a 10-hour time period provided between all daily duty periods and after in-house call. When residents who are taking call from home after completing an in-house duty period are called into the hospital from home, the hours spent in-house providing patient care are counted toward the 80-hour limit; however a 10-hour rest period is NOT required prior to the start of the next duty period.

Question #5: During the previous four (4) week rotation, please enter the number of times you have had **LESS THAN 10 hours OFF** between duty periods **WHEN YOU ARE TAKING IN-HOUSE CALL**.

Please contact the GME office at 215-662-3957, if you have any questions.
Thank you for taking the time to complete this survey!

This is for informational purposes ONLY