

Serena Cardillo
Assistant Professor of Medicine

Education:

<u>Institution</u>	<u>Degree</u>	<u>Year(s)</u>	<u>Field of Study</u>
Johns Hopkins University	BA	1993-1997	Behavioral Biology
University of Pennsylvania	MD	1997-2001	
Hospital of the University of Pennsylvania		2001-2004	Internal Medicine
Hospital of the University of Pennsylvania		2004-2006	Endocrinology

Professional Experience:

2006-present: Assistant Professor of Medicine, Endocrinology, Diabetes & Metabolism, University of Pennsylvania School of Medicine

2007-present: Director of Ambulatory Medicine, Internal Medicine Training Program, Hospital of the University of Pennsylvania

Board Certification:

2004	Internal Medicine
2006	Endocrinology, Diabetes and Metabolism

Professional Awards:

2000	Measey Award in International Geriatrics
2001	Lillie M. Erk Prize
2002	Merck Manual Award
2004	American Association of Clinical Endocrinologists Resident Travel Grant Award
2005	Mary Groff Fellowship in Clinical Research Methods, Center for Clinical Epidemiology and Biostatistics
2006	Department of Medicine Research Day Award University of Pennsylvania School of Medicine

Bibliography:

1. DeVries AC, Gupta T, **Cardillo S**, Cho M, Carter CS. Corticotropin-releasing hormone induces social preferences in male prairie voles. *Psychoneuroendocrinology* 2002; 27(6): 705-14.
2. **Cardillo S**, Seshadri P, Iqbal N. Specialized diabetes care achieves tighter glycemic control than standard medical care in high risk patients [Abstract].

American Association of Clinical Endocrinologists Meeting, May 2004, Boston.

3. **Cardillo S**, Seshadri P, Iqbal N. Specialized diabetes care achieves tighter glycemic control than standard medical care in high risk patients. *Federal Practitioner* 2006; 23 (5) 58.
4. **Cardillo S**, Huse, JT, Iqbal N. Diabetic muscle infarction of the forearm in a patient with longstanding diabetes mellitus. *Endocrine Practice* 2006; 12:188.
5. **Cardillo S**, Seshadri P, Iqbal N. The effects of a low-carbohydrate versus low-fat diet on adipocytokines in severely obese adults: three year follow-up of a randomized trial [Abstract]. Endocrine Society Annual Meeting June 2006 Boston.
6. **Cardillo S**, Seshadri P, Iqbal N. The effects of a low-carbohydrate versus low-fat diet on adipocytokines in severely obese adults: three year follow-up of a randomized trial. *European Review for Medical and Pharmacological Sciences* 2006;10:99-106.
7. Iqbal, N, **Cardillo S**, Volger S, Bloeden L, Boston R, Anderson R, Szapary PO. Metabolic Effects of Chromium Picolinate in Obese Non-Diabetic Patients with Metabolic Syndrome: Results of a Randomized Clinical Trial [Abstract] 66th Scientific Session American Diabetes Association, June 2006 Washington, D.C.
8. **Cardillo S**, Schutta MH. Repaglinide Induced Hypoglycemia in a Patient with Cystic Fibrosis-Related Diabetes Mellitus. *Endo Trends* 2006; 13: 6.