How to use F5 Portal with Windows

**Step 1: Open Internet Explorer**

Windows 10 users, be careful not to use the Edge Browser, which has a similar icon. You can find Internet Explorer by hitting the Start Button and scrolling down to the “Windows Accessories” folder.

![Microsoft Edge and Internet Explorer](image)

**Step 2: Log into the Remote Access Portal with your UPHS credentials.**

https://pennmedaccess.uphs.upenn.edu

![Remote Access Portal](image)

**Step 3: Choose your device and preferred authentication method for Duo Security**

a. Push- Sends a notification to your device
b. Call me- Calls the telephone number you have listed
c. Passcode- Generates a passcode on your Duo Mobile device. Enter it on the website.

![Duo Security](image)
Step 4: Portal Authorization

After Duo Authentication, you should be presented with the full list of Applications that are available.