

GME Policy # II-S	Graduate Medical Education Policy & Procedures Pennsylvania Hospital	Page 1 of 1 Effective: 1/1/2006
	Subject: Counseling/Psychological Support Services	

Policy

The Housestaff Assistance Program was established many years ago as a program whereby Pennsylvania Hospital house officers can receive consultations with a Pennsylvania Hospital psychiatrist or psychologist. The Housestaff Assistance Program offers readily accessible, high-quality assistance to house officers who need help for a variety of life stresses. House officers are encouraged to seek help with problems and challenges before they significantly affect daily life or job performance, or to get help when challenges suddenly seem unmanageable.

Purpose


Pennsylvania Hospital is committed to maintaining a safe, healthy and efficient environment that enhances the professional and personal welfare of its house officers. Pennsylvania Hospital realizes that problems in life can affect health and productivity at work. The Housestaff Assistance Program provides immediate help with life stresses such as depression, house officer stress, substance abuse, family difficulties, and financial problems.

Scope

This applies to all house officers in all postgraduate training programs. House officer refers to all interns, residents and subspecialty residents (fellows) enrolled in a Pennsylvania Hospital postgraduate training program.

Procedure

House officers may contact a faculty member of the Department of Psychiatry for three no-cost, confidential consultations. A list of participating faculty members and program details are available with each program director or in the Graduate Medical Education Office. Upon completion of these three no-cost visits house officers are encouraged to utilize the PENN-Behavioral Health Employee Assistance Program (EAP) as needed. More information about the PENN-Behavioral Health Employee Assistance Program may be found at http://www.pennbehavioralhealth.org/e_info.html.

Supersedes	 Issued by:
	R. Michael Buckley, MD Designated Institutional Official