



Department of Radiology
Hospital of the University of Pennsylvania
34th & Spruce Sts.
Philadelphia, PA 19104

Patient Prep & Instruction Manual Scheduled Test: Gastric Empty

Date: _____

Time: _____

Where: Nuclear Medicine Division of the Radiology Department, 3rd floor
Donner Building

Purpose: To evaluate stomach emptying rate.

Contraindications: Sulfa allergy

Preparation: Nothing to eat or drink after midnight the night before your exam.

What to Expect: You will be fed a meal consisting of two egg whites; a very small amount of a Radioactive material will be mixed into these eggs. You will also receive two slices of toast & jam and a small glass of water.

Immediately after you finish eating the meal, we will take two 1-minute images of your stomach. We will then take images of the stomach every 15 minutes for a total of two hours.

After Care: You may resume your normal lifestyle.

If you have any questions about your scheduled test, please contact the Nuclear Medicine Department at 215-662-3076.