



## **Patient Prep & Instruction Manual**

### **Scheduled Test: Retrograde Urethrogram**

Date: \_\_\_\_\_

Time: \_\_\_\_\_

**Where:** Check in at the Outpatient Radiology Reception Area. Please arrive 30 minutes prior to the scheduled time of your examination.

**Purpose:** To evaluate the appearance and integrity of your urethra.

**Preparation:** No preparation is necessary. You should empty your bladder before the examination. If possible, please do not bring children with you. Be sure that your doctor's office has sent an x-ray request form to the Radiology Department or that you bring one with you.

**Procedure:** You will be asked to change into a hospital gown and given a questionnaire to fill out. A technologist will escort you into an x-ray examination room, review your questionnaire, ask you to sign consent to have the examination performed, and take a film of your pelvis. After a radiologist has reviewed this film, he or she will insert a small catheter into the tip of your penis, inflate a small balloon on the catheter to keep catheter in place, and inject x-ray contrast material, also known as x-ray dye, through the catheter to outline your urethra.

The radiologist's report of the results of the examination will be sent to the doctor who referred you for this test. Your doctor will discuss the results with you.

**After Care:** You may resume normal activity. You may feel some irritation in your urethra after this examination. This is not uncommon or abnormal. You may also see a bit of blood in your urine or at the tip of your penis for a day or two. This will disappear if it is related to the x-ray study. If it does not, call the doctor who referred you for the study or the radiologist who performed it.

Please call (215) 662-3015 (GU Radiology) to speak with an x-ray technologist if you have any questions before or after your examination.