Clinical Directions in Continence Care

**TUESDAY, August 28, 2018**

Chairs: Chris Bradway & Donna Thompson

8 Contact Hours Available

A 1-day Educational Program dedicated to topics about the latest evidence on managing urinary incontinence and urinary tract infections. Lectures by researchers and clinicians will provide the latest evidence on a variety of topics and allow providers, especially nurses, to catch up on some clinical skills.

The program will also include access to exhibits of product manufacturers and medical supply companies.

Please register online here [www.ics.org/2018/register](http://www.ics.org/2018/register) and select the "Others" registration category. **(see details on back)**

Those registered to the main ICS meeting are welcome to attend this program at no additional registration fee but MUST pre-register via the online system or by emailing Ms. Keren Abuhasira: reg_ics18@kenes.com

**CONFIRMED EXHIBITORS:**
- Compact Cath
- Cure Medical
- Essity
- Hollister
- Laborie
- Wellspect/Dentsply
- Vibrance

**To register solely for the**

**“Clinical Directions in Continence Care”**

on **Tuesday, August 28, 2018**

- Go to this link - [https://reg.kenes.com/online_reg/2018/ics/reg.html](https://reg.kenes.com/online_reg/2018/ics/reg.html)
- Click on 'OTHERS'
- Click on the bubble by ‘Clinical Directions in Continence Care”
- Click on the 'I’m not a robot' square (follow any instructions provided)
- Click on ‘Begin’
- Choose whether to pay by Bank Transfer or Credit Card
- Complete the form to secure your booking

If you encounter difficulty registering: contact Diane Newman at diane.newman@uphs.upenn.edu or 215-615-3459

**Meeting Venue:**
Philadelphia Convention Center
Room ____________

**August 28, 2018**

An Educational Day of the International Continence Society
48th Annual Meeting

**TUESDAY, August 28, 2018**

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<tr>
<td>08:00</td>
<td>Registration</td>
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</table>
| 08:30 | Introduction               | Christine Bradway, PhD, CRNP, FAAN, AGSF  
Associate Professor of Gerontological Nursing  
BHS Dept. School of Nursing, University of Pennsylvania  
Donna Thompson, MSN, CRNP, FNP-BC, CCCN-AP  
Certified AP Continence Nurse  
Department of Obstetrics and Gynecology  
Division of Urogynecology, University of Pennsylvania |
| 08:35 | Preventing Catheter-       | Shannon Novosad, MD, MPH  
U. S. States Public Health Service  
Medical Officer, Centers for Disease Control and Prevention  
Division of Healthcare Quality Promotion |
|       | associated UTIs:          |                                                                          |
|       | U.S. Perspective          |                                                                          |
| 09:15 | Catheter coatings and     | Nikki McCormick, RN  
Managing Director  
Wellspect HealthCare/Denstply Sirona |
|       | material, do they         |                                                                          |
|       | make a difference?        |                                                                          |
| 09:30 | Catheter characteristics  | Mary A. Wasner, RN, SSN, CURN  
Manager, Clinical Education  
US Conference and Critical Care, Hollister Incorporated |
|       | that can improve          |                                                                          |
|       | self-catheterization      |                                                                          |
| 09:45 | Tips on male              | Karen Spriggs, RN  
Clinical Consultant, Coloplast |
|       | external catheter         |                                                                          |
|       | application and use       |                                                                          |
| 10:00 | Improving absorbency,     | Tony Forsberg, RN, BSBA, WCC, CSPHA  
National Clinical Director, Essity |
|       | current technology in     |                                                                          |
|       | incontinence pads         |                                                                          |
| 10:15 | Discussion/Questions      | Lisa Kane Low, PhD, CNM FACNM, FAAN  
Associate Professor School of Nursing  
Women’s Studies Dept. Obstetrics and Gynecology  
University of Michigan |
| 10:30 | Coffee Break & Exhibition | Sandy Engberg, PhD, CRNP, FAAN  
Professor & Associate Dean for Clinical Education  
School of Nursing, University of Pittsburgh |
| 11:00 | The role of the nurse     |                                            |
|       | midwife in promoting      |                                            |
|       | pelvic floor health       |                                            |
|       | during childbirth         |                                            |
| 11:15 | Acupuncture: A viable     | Sandy Engberg, PhD, CRNP, FAAN  
Professor & Associate Dean for Clinical Education  
School of Nursing, University of Pittsburgh |
|       | treatment for              |                                            |
|       | incontinence and LUTS?    |                                            |
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| 11:45 | Lunch & Exhibition        | Lisa Kane Low, PhD, CNM FACNM, FAAN  
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**KEYNOTE: Current State of CAUTIs**

**Catheters and Products Experts: The Good and the Not-so-Good**

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| 11:00 | The Pelvic Floor          | Sandy Engberg, PhD, CRNP, FAAN  
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**UTIs are Part of LUTS**

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| 12:00 | Incidence of UTIs in      | Jean Wyman, PhD, RN, FAAN  
Professor and Coa Medil Sknl Chair in Nursing Research  
School of Nursing, University of Minnesota |
|       | adolescent girls and      |                                                                          |
|       | women in the United States, |                                                                          |
|       | 2008-2015                 |                                                                          |
| 12:15 | What is the Evidence-     | Ariana Smith, MD  
Associate Professor of Urology  
Pelvic Medicine & Reconstructive Surgery  
University of Pennsylvania |
|       | base for treatment of     |                                                                          |
|       | recurrent UTIs in women   |                                                                          |
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**Catch-up Your Clinical Skills**

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University of Pennsylvania |

**Clinical Directions in Continence Care**

**Alan J. Wein, MD, PhD (Hon). FACS**  
Conference Chairman  
Hospital of the University of Pennsylvania  
Department of Surgery, Division of Urology

**Diane K. Newman, DNP, CRNP, FAAN, BCB-PMD**  
Conference Co-Chairman  
Hospital of the University of Pennsylvania  
Department of Surgery, Division of Urology