

Health Equity Week 2023 Tip Sheet | Tuesday, April 4 Achieving Health Equity

What is it?

Health equity means that everyone has a fair opportunity to live a healthy life. To achieve health equity, we must eliminate unequal treatment within our health system as well as the unequal outcomes and/or burdens of disease.

Why is it important?

Everyone deserves to receive the best possible care and have the same opportunities to achieve optimal health, regardless of their race/ethnicity, socioeconomic status, gender identity, disability status, religion, primary language, and/or sexual orientation.

We know that unequal treatment exists due to institutional and structural oppression, along with provider unconscious bias that influences the way we deliver care. Due to similar biases outside our health system walls, there is also unequal access to care and unequal overall health.

What can you do?

- Approach all patients with respect, cultural humility, and the understanding that each and every encounter with a patient is a negotiation between your worldview and theirs.
- Do not assume you provide the same high-quality care to all patients. Examine your data and check to see if you are routinely providing the same care to all.
- Slicer Dicer is a self-serve data tool that is embedded into PennChart and can serve as a first look at data to determine potential trends and additional data needs.
 - For education on Slicer Dicer, access the <u>myPennDataStore-Analytics Storefront</u> and click on the "Education" module. You can also review the Quick Start Guide for Slicer Dicer.

Learn More:

- View the Health Equity Module trailer <u>here</u>.
- View the Health Equity Module here.
- Watch this video that explains systemic racism and inequality.

Register for Events!



In celebration of Health Equity Week, visit the <u>Health Equity Week website</u> to view a list of events focused on advancing health equity through innovative solutions.