What will I learn?
Our surroundings, particularly in urban environments, have a big impact on mental health and wellness.

How can I incorporate this in my role?
At Penn Medicine we understand that our patients come from many different communities. Knowing a more about their environment can give us better insight in understanding their health.

Questions for discussion:
How is the built environment impacting my patients?

Read about the Penn Urban Health Lab and what they are doing to create healthier communities in the QR code below:

Join us for HEW events:
https://www.uphs.upenn.edu/hew/home

Submit questions to: healthequity@uphs.upenn.edu