



### **Simulation at Penn Medicine**

Penn Medicine at Rittenhouse  
1800 Lombard Street, 2<sup>nd</sup> Floor  
Philadelphia, PA 19146  
(215) 893-7700

Dear Student:

Welcome to the ACLS Training Program.

**Course:** ACLS Initial Provider Course  
**Date:** Various  
**Time:** 8:30 AM start on Day 1 and 2  
**Location:** Simulation at Penn Medicine  
Penn Medicine at Rittenhouse  
1800 Lombard Street, 2<sup>nd</sup> Floor  
Philadelphia, PA 19146  
**Parking:** Parking is located at 1740 South St and is discounted with UPHS ID

### **Preparation for Class:**

AHA's **ACLS Course** has been updated to reflect new science in the 2025 American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care. This course builds on the foundation of lifesaving BLS skills, emphasizing the importance of continuous, high-quality CPR.

This advanced course highlights the importance of high-performance team dynamics and communication, systems of care, recognition and intervention of cardiopulmonary arrest, immediate post-cardiac arrest, acute dysrhythmia, stroke, and acute coronary syndromes (ACS).

The ACLS course covers extensive material in a short period of time so it is **IMPERATIVE** that you will need to prepare for the course beforehand.

You should prepare for this course as follows:

1. You are expected to read the 2025 ACLS Provider Manual prior to attending the course.
2. CPR competency: Be prepared to pass the adult 1 rescuer CPR/AED and 2 rescuer CPR/AED skills testing station. The resuscitation scenarios require that your BLS skills and knowledge be current.
3. **ACLS Precourse Self- Assessment and Precourse Work (required):** You can access the ACLS Precourse Self- Assessment and Precourse Work material by visiting <https://elearning.heart.org/course/1551> . You will be directed to create a free account prior to having access to the course material. Please be advised, you will not be able to take the classroom-based course without the certificate of completion.
4. Be familiar with the ACLS algorithms and flowcharts that you can apply in the clinical scenarios. **You MAY use the ACLS algorithm cards** provided in your provider book in the practice and testing scenarios.
5. Course Agenda will be provided upon arrival at the course.

#### **Late Policy:**

If you arrive more than 15 minutes for class, you will not be permitted to attend the course. You and/or your department may be billed **\$235** for the cost of the course.

#### **Cancellation Policy:**

UPHS employees please be aware that if you fail to drop your enrollment in this course by contacting Simulation at Penn Medicine more than 7 business days prior to its start and do not attend, you or your affiliated UPHS Department will be charged a cancellation fee of **\$235**. If you are a UPHS employee, you may NOT register for this course if you are also scheduled for the ACLS Heartcode course and you may not enroll in the Heartcode course if you are scheduled for this course.

#### **Materials Needed:**

ACLS Provider Manual can be obtained at these vendors via on-line or at the Simulation Center for \$50.

**Laerdal Medical Corporation**

1-888-562-4242

[www.laerdal.com](http://www.laerdal.com)

**WorldPoint/ECC**

1-888-322-8350

[www.eWorldPoint.com](http://www.eWorldPoint.com)

**What to wear:**

Please wear loose, comfortable clothing. You will be practicing skills that may require you to work on your hands and knees. If you have any physical conditions that may prevent these activities, please tell one of the instructors so that adjustments may be made. Also, please tell your instructor if you are allergic to latex.

**Contact Information:**

If you have any questions regarding this course please contact

[Chet.zaremski@pennmedicine.upenn.edu](mailto:Chet.zaremski@pennmedicine.upenn.edu) or [Tonya.Jones2@pennmedicine.upenn.edu](mailto:Tonya.Jones2@pennmedicine.upenn.edu) at 215-893-7700

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