



Simulation at Penn Medicine

Penn Medicine at Rittenhouse
1800 Lombard Street, 2nd Floor
Philadelphia, PA 19146

Welcome to the PALS Training Program!

Course: PALS HeartCode Online Program & Skills Check
Date: Various
Time: Various
Location: **Simulation at Penn Medicine**
Penn Medicine at Rittenhouse
1800 Lombard Street, 2nd Floor
Philadelphia, PA 19146
Parking: Parking is available at the 1700 South Street Garage for \$6 (up to 3 hours) or \$10.50 for a full day (\$23 for external participants). Free after 3:00 PM with a Penn Medicine ID. Entrance is east of the 1740 South Street entrance.

Enrollment/Preparation:

HeartCode PALS is the American Heart Association's blended learning format for the Pediatric Advanced Life Support (PALS) Course. This format combines **self-directed online learning** with a required **instructor-led hands-on skills session**.

The online portion uses interactive videos and simulates pediatric emergencies to reinforce key concepts, including:

- A systematic approach to pediatric assessment
- High-quality basic life support (BLS)
- PALS treatment algorithms
- Effective resuscitation techniques
- Team dynamics and communication

The goal of the HeartCode PALS course is to improve the quality of care provided to seriously ill or injured infants and children, ultimately leading to better patient outcomes.

Upon successful completion of the online course, students must attend an AHA PALS Instructor-led Skills Check, where they will practice and demonstrate proficiency in the required PALS skills before certification can be issued.

Completion Details:

- Complete Part 1 within 30 days of starting.
- Complete the Skills Check within 90 days of starting Part 1.
- Certification is issued only after successful completion of both portions

Technical Requirements

Current versions of Chrome, Firefox, Edge, and Safari are supported. Windows, macOS, Android, and iOS devices meeting AHA minimum specifications with a broadband internet connection are recommended.

Late & Cancellation Policy:

Penn Medicine employees may not register for both the traditional PALS course and HeartCode simultaneously.

- Failure to complete the online portion may result in a \$120 charge.
- Failure to attend the Skills Check may result in an \$80 charge.
- Arrive 10 minutes early. Late arrivals will not be admitted.

Payment/Materials:**Penn Medicine**

Penn Medicine Employees: No cost when PALS is required by your department and both portions are completed.

External Participants: Part 2 Skills Check fee is \$100. Payment may be made by credit card or check payable to Trustees of the University of Pennsylvania. Registration is not complete until payment is received.

Materials Needed:

Enrollment includes access to the online version of the PALS Provider Manual.

What to Wear:

Please wear loose, comfortable clothing. You may be required to kneel during skills testing. Notify the instructor of any physical limitations or latex allergy.

Need More Information?

If you have any questions regarding this course, please contact Chet Zaremski at Chet.Zaremski@pennmedicine.upenn.edu or 215-893-7709.